

Fire discriminates! Most people that die in accidental fires are over 60-years-old.

When did you last find time for the older people in your life?

Pay them a visit today and make sure they're safe by running through our brand new Grandparent Check (overleaf).

#FindTheTime





GRANDPARENT CHECK -

how safe are your older relatives?

Run through this checklist with them – if the answer is YES to any of the questions below, they may be at an increased risk of fire. Help make them safer by visiting **www.syfire.gov.uk/findthetime** today to organise a free home safety visit, or call us on 0114 253 2314 and quote 'FindTheTime'.

	Do they live alone?	YES NO
	Do they smoke?	YES□ NO□
	Do they need a walking aid?	YES□ NO□
	Do they take medication that may make them drowsy?	YES ☐ NO ☐
	Do they struggle preparing meals on their own?	YES□ NO□
	Have they experienced any trips or falls recently?	YES□ NO□
	Is their property cluttered and untidy, with blocked walkways?	YES ☐ NO ☐
	Do they have a hearing impairment?	YES□ NO□
	Do they use emollient creams?	YES □ NO □

In the meantime:

- Make sure they have working smoke alarms
- Do they smoke? Ensure they've got a proper ash tray
- Get them a working phone that stays with them all the time
- Speak to them about what to do in the event of a fire
- Help them de-clutter, particularly their exit routes